



## Head Heart Hands Therapy & Education Price List

Online or Phone Counselling			
Online Counselling	Individual counselling session conducted online.	1 hour	\$ 100
Phone Support - 60 mins	One-hour support session via phone.	1 hour	\$ 70
Phone Support - 30 mins	Half-hour support session via phone.	30 mins	\$ 40
Adult Counselling			
Counselling Session - Initial Consultation	First-time counseling session for new clients.	1 hour	\$ 180
Counselling Session - Follow up - Long 1.5hrs	Extended follow-up counseling session.	1hr 30 mins	\$ 150
Counselling Session - Follow up - Regular 1hr	Regular follow-up counseling session.	1 hour	\$ 110
Counselling Session - Follow Up - Short 45 mins	Short follow-up counseling session.	45 mins	\$ 85
<b>Counselling Package Price 1 - Save \$20</b>	1 x Initial Session + 4 x Regular Session	6 hours	\$ 600
<b>Counselling Package Price 2 - Save \$50</b>	1 x Initial Session + 1 x Long Session + 2 x Regular Session	5 hrs 30mins	\$ 550
<b>Counselling Package Price 3 - Save \$30</b>	1 x Initial Session + 2 x Long Session	5 hours	\$ 450
Child Counselling			
Child Counselling Session - Initial Consultation	First-time child counseling session.	1hr 30 mins	\$ 150
Child Counselling Session - Follow up - Regular 1hr	Regular child counseling follow-up session.	1 hour	\$ 100
Child Counselling Session - Follow Up - Short 30 mins	Short follow-up session for child counseling.	30 mins	\$ 65
<b>Child Counselling Package Price 1 - Save \$50</b>	1 x Initial Session + 3 x Regular Sessions	4 hrs 30mins	\$ 400
<b>Child Counselling Package Price 2 - Save \$10</b>	1 x Initial Session + 4 x Short Sessions	3 hrs 30 mins	\$ 400
Marriage Counselling			
Marriage Counselling - Initial Consult - Couple	Initial consultation for couples.	2 hours	\$ 250
Marriage Counselling - Follow Up - Couple	Follow-up session for couples.	1hr 30 mins	\$ 150
Marriage Counselling - Initial Consult - Individual	Initial consultation for individuals.	1hr 30 mins	\$ 150
Marriage Counselling - Follow Up - Individual	Follow-up session for individuals.	1 hour	\$ 110
<b>Marriage Counselling Package 1 - Save \$90</b>	1 x Initial Session + 4 x Individual + 2 x Couple	10hrs 30mins	\$ 900
<b>Marriage Counselling Package 2 - Save \$40</b>	1 x Initial Session + 2 x Individual + 2 x Couple	8 hours	\$ 750
Pre-Marriage Preparation Counselling			
Pre-Marriage Preparation Counselling - Initial Consult	Initial pre-marriage consultation.	1 hour	\$ 100
Pre-Marriage Preparation Counselling - Assessment Session	Assessment session for pre-marriage counseling.	2 hours	\$ 200
Pre-Marriage Preparation Counselling - Follow Up Session	Follow-up session for pre-marriage counseling.	1hr 30 mins	\$ 150
<b>Pre-Marriage Preparation Counselling - Package - Save \$100</b>	1 x Initial Consult + 1 x Assessment Consult + 2 x Follow Up	6 hours	\$ 500